

Daily Routine

Morning:

- Make bed
- Read scriptures
- Workout or walk
- Start on daily chores

Afternoon:

- Dishes
- Make dinner
- Declutter before bed
- Take out trash

Errands to run this week

- * _____
- * _____
- * _____
- * _____
- * _____
- * _____
- * _____
- * _____
- * _____
- * _____
- * _____
- * _____

*If you change nothing,
nothing will change.*

Weekly Chore List

Monday:

- 2 loads of laundry
- Clean counter tops
- Sweep + mop kitchen
- FHE

Tuesday:

- 2 loads of laundry
- Pick up living room
- Vacuum living room

Wednesday:

- Finish laundry
- Clean toilet, tub, mirrors, counters,
and floor in bathroom

Thursday:

- Wash sheets
- Pick up bedrooms
- Vacuum bedrooms

Friday:

- Organize one drawer/cupboard
- Quick clean kitchen

Saturday:

- Go shopping
- Quick clean of every room
- Read Sunday lesson

Goals for the month of

Goal

1. _____

2. _____

3. _____

Plan for accomplishing goals

Reward if accomplished

1. _____

2. _____

3. _____

Actual Outcome

1. _____

2. _____

3. _____

Next Month I'll Do Better By...

"To reach a goal you have never before attained, you must do things you have never before done" – Richard G. Scott

Month Of _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

"No obstacles are insurmountable when God commands and we obey."

– Heber J. Grant

Week of:

Monday Lunch: Dinner:	
Tuesday Lunch: Dinner:	
Wednesday Lunch: Dinner:	

Quote for the week:

Thursday	
Lunch:	
Dinner:	
Friday	
Lunch:	
Dinner:	
Saturday/Sunday	
Saturday Dinner:	
Sunday Dinner:	

Week of:

Monday Lunch: Dinner:	
Tuesday Lunch: Dinner:	
Wednesday Lunch: Dinner:	

Quote for the week:

Thursday	
Lunch:	
Dinner:	
Friday	
Lunch:	
Dinner:	
Saturday/Sunday	
Saturday Dinner:	
Sunday Dinner:	

Week of:

Monday Lunch: Dinner:	
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Wednesday Lunch: Dinner:	

Quote for the week:

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Week of:

Monday Lunch: Dinner:	
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Quote for the week:

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Lunch:	
Dinner:	
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Lunch:	
Dinner:	
Saturday/Sunday	
Saturday Dinner:	
Sunday Dinner:	